

July 2017 Newsletter

Happy Birthday to those Celebrating in July!

Monday, July 3rd	Jim Kellerman Performs at 10:00am
Tuesday, July 4th	Happy Fourth of July!
Thursday, July 6th	West Madison Bible Church at 10:15am Blackhawk Church Volunteers visit from 1-3:00pm
Friday, July 7th	Catholic Mass at 10:15am
Saturday, July 8th	Dogs On Call Pet Visit at 10:00am
Monday, July 10th	Dewayne Keyes Performs at 10:00am
Tuesday, July 11th	Resident Council at 9:30am Hymn Singing at 10:15am
Wednesday, July 12th	Our Podiatrist Visits at 9:00am Goodie Cart at 2:00pm
Thursday, July 13th	St. James Lutheran Church at 10:15am Arm Chair Travel with Shirley at 2:00pm
Friday, July 14th	Book Club
Monday, July 17th	Manicures at 2:00pm
Tuesday, July 18th	Memorial Baptist Church at 10:15am
Wednesday, July 19th	Our Podiatrist Visits at 9:00am Piano Music at 2:00pm
Thursday, July 20th	Blackhawk Church Volunteers visit from 1-3:00pm
Friday, July 21st	Book Club Bingo with Good Shepherd Lutheran Kids at 2:00pm
Monday, July 24th	Cake Baking
Tuesday, July 25th	Birthday Bingo
Wednesday, 26th	Agrace Memorial Service at 2:00pm
Thursday, July 27th	United Church of Christ at 10:15am Blackhawk Church Volunteers visit from 1-3:00pm
Friday, July 28th	Janet Lieb Performs at 10:00am

Bingo is every Tuesday and Friday at 2:00pm

Happy 4th Of 



A Note From The Administrator's Desk

It's hard to believe it is July already – where have the first 6 months gone??? I hope with July will come some warmer weather so that we can utilize our new front patio a bit more. I will be talking with one of our resident's family members about the possibility of building a pergola out on the front patio to allow for some shade while our residents enjoy the outdoor space. If we can work things out, this could be done yet this summer which would be wonderful!

Now that our remodel has been done for almost a year, we have found out that perhaps carpeting in the front area right outside the main dining room was not the best decision. Unfortunately there are continually numerous stains caused by things being spilled in this area, so we are going to remove the carpeting and replace it with the vinyl plank type flooring we used in the front entrance. This will be done over the next few weeks with the intent it should be completed by the end of July. We will need to schedule this during the overnight hours on 2 consecutive days in order to allow for the removal of the carpeting and glue, leveling of the underfloor, and then placing new glue and the vinyl flooring down. Doing this during the overnight hours will hopefully cause the least amount of disruption to our resident's daily routine. Once we have confirmed dates, we will be communicating this with staff, residents and families as best we can.

Hoping everyone has a safe and fun Fourth of July!!

M. Lynn Howard

A Note From The Activity Department

Happy Fourth of July!

June was quite a busy month for the Activity Department! We walked in the Hometown days parade, and loved seeing friends, residents, and family along the parade route! We also hosted many volunteer groups this month! Blackhawk Church volunteers visited us throughout the month, and helped with outdoor cleanup and gardening. The Courtyard looks so beautiful! We also thoroughly enjoyed our three-day activity event with Sugar River Church group! Kids from Sugar River Church created lesson plans filled with skits, songs, crafts, and snacks! We had a ball! Along with these groups, we must also thank the Verona High School Men's Basketball team for joining us for an afternoon of table games. We're so excited to cheer for them this season! It's so refreshing and exciting to make new friends of all ages! Thank you all for visiting!

We would like to celebrate our Music & Memory re-certification! Music & Memory is a program that brings personalized music into the lives of the nursing home population with the use of mp3 players or iPods. We can place any recorded music in the whole world on your own personalized iPod for you! Talk about amazing! Here is a more detailed explanation directly from the Music & Memory page on why Music & Memory is so wonderful for you:

"...Our brains are hard-wired to connect music with long-term memory. Even for persons with severe dementia, music can tap deep emotional recall. For individuals suffering from Alzheimer's, memory for things—names, places, facts—is compromised, but memories from our teenage years can be well-preserved. Favorite music or songs associated with important personal events can trigger memory of lyrics and the experience connected to the music. Beloved music often calms chaotic brain activity and enables the listener to focus on the present moment and regain a connection to others. Persons with dementia, Parkinson's and other diseases that damage brain chemistry also reconnect to the world and gain improved quality of life from listening to personal music favorites."

We're so proud and excited to continue our dedication to Music & Memory, and are looking forward to connecting our residents with their perfect playlist. Please contact the Activity Department to begin your Music & Memory journey with us!

A Few Notes for July!

The Beauty Shop will be Open one day a week in July. Please review the Beauty Shop schedule in this newsletter to earn more. If you would like to make an appointment with our Beautician, Cindy Ziegler, please call her direct line: (608) 497-2383 and leave a message. You may also contact the Social Services Office at: (608) 497-2381.

Our Memorial Service is on Wednesday, July 26th at 2:00pm in the Community Room.

Please mark your calendars for our Four Winds Family Picnic on Saturday, August 19th!
Invitations will go out soon!

Also, we have reserved our booth in the Verona Holiday Arts & Crafts fair on Saturday, November 11th.
We're looking forward to participating! We hope to see you there!

Please do not hesitate to contact us with any Questions or Concerns!

Thank You So Much!

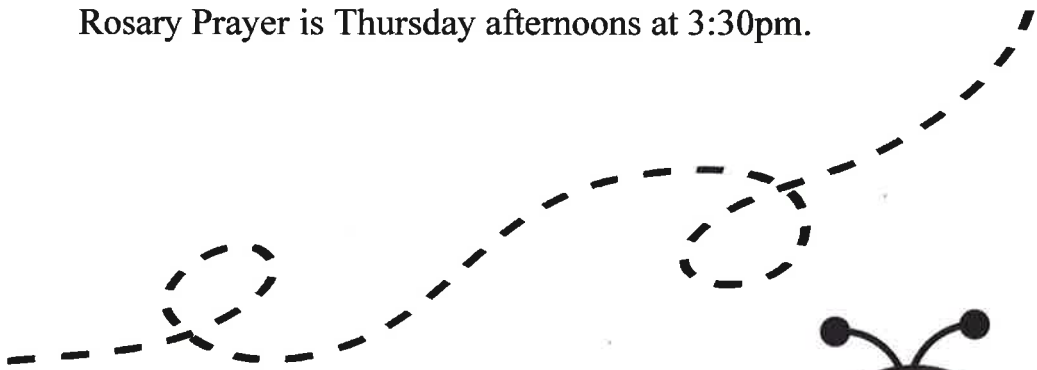
The Activity Department



Join Us In Worship

- Thursday, July 6th West Madison Bible at 10:15am
- Friday, July 7th Catholic Mass at 10:15am
- Tuesday, June 11th Hymn Singing at 10:15am
- Thursday, July 13th St. James Lutheran at 10:15am
- Tuesday, July 18th Memorial Baptist Church at 10:15am
- Thursday, July 27th United Church of Christ at 10:15am

Catholic Communion is distributed Sunday mornings.
 Rosary Prayer is Thursday afternoons at 3:30pm.



As you may know, in years past,
 we've hosted a Spring Brunch
 for Residents & their Families!

This year, we've decided to shake it up a bit,
 and host a **Summer Picnic!**



Please save this date on your calendar,

Saturday, August 19th!

Join us for fabulous food and wonderful entertainment!
 Hope to see you there! Invites will go out early July!



We're Getting 'Antsy' Waiting for Saturday, August 19th!

Beauty Shop Schedule



Price List:

Women's Haircut: \$13
Men's Haircut: \$10
Shampoo Only: \$3
Shampoo Set: \$14
Perm with Set: \$55
Color Retouch: \$45

July

Friday, July 7th
Thursday, July 13th
Tuesday, July 18th
Friday, July 28th

If you would like to make an Appointment with our Beautician, Cindy Ziegler,
Please Call her Direct Line: (608) 497-2383 and Leave a Message.
You may also contact the Social Services Office: (608) 497-2381.



Christmas in July

We are proud to announce that we will be participating in the
Verona **Holiday Arts & Crafts Fair** again this year!

Mark your Calendars for

Saturday, November 11th!

We'll have our own booth, with lovely items hand crafted by our residents!

Memorial Service Wednesday, July 26th



JOHN "CAPTAIN" LOHR JR.

MADISON - Now hear this! Everyone alive will die, and at age 91, John "Captain" Lohr Jr. died peacefully at Four Winds Manor in Verona on May 27, 2017. Among the many jobs he held, he was a custodian for the Madison School District for 35+ years. Captain loved auto racing and general shenanigans of all sorts throughout his life. He was very proud of his naval service to our country during World War II (Pacific theater), and we will always be grateful for his sacrifice and courage.

John was preceded in death by his wife, Mary "Mim" Lohr. He is survived by his daughter, Janice (Jeff) Faust; son, John (Rachael) Lohr; grandchildren, Jamie (Jennifer) Faust, Jennifer (Jamie) Horsfall, Dan (Molly) Lohr, and Jesse (Sharon) Faust; lifetime friends, Jim Klahr, Scott "Zeke" Zingg, Todd (Barb) Endres, Tom and Lana Esch, and too many more friends to name.



ROY M. JOHNSON JR.

VERONA - Roy M. Johnson Jr., age 94, of Verona, passed away on Tuesday, May 30, 2017. He was born on June 28, 1922, in Stoughton, the son of Roy and Julia (Larson) Johnson. He graduated from Boscobel High School and attended Luther College in Decorah, Iowa prior to entering the service in World War II.

Roy was a lieutenant in the U.S. Navy, serving in the Pacific as Navigator on the USS Fond Du Lac. After the war, he returned to college, graduating in 1947, from St. Olaf College, Northfield, Minn., with a degree in Business

Administration. He married Helen Elizabeth Watson on July 31, 1948, at St. John in the Wilderness Episcopal Church in Elkhorn.

Roy worked for many years in the grocery business, starting as a boy at his father's Royal Blue Grocery store in Boscobel, and later managed and owned the store. From there he worked for Wilson Meats, Red Owl Stores, and Stop-N-Go, retiring in 1983. He was a longtime member of St. Luke's Episcopal Church in Madison, serving twice as Senior Warden, along with several other roles.

Roy is survived by his wife of 68 years, Helen Johnson; children, Janet (Steven) Peck, of Richland, Wash., Mark (Cheri) Johnson, of Grayslake, Ill., and Kirk (Becka) Johnson of Verona; grandchildren, Noah (Susie) Peck, Adam (Christina) Peck, Nathan (Julia) Peck, Samuel (Andrea) Peck, Christina Johnson, Alan Johnson, Bryan Johnson, Rachel (Craig) Montry, Benjamin (Kendra) Johnson and Kimberly Johnson; nine great-grandchildren; brother-in-law, James (Doris) Watson; and several nieces and nephews. He was preceded in death by his parents; his sister, Leigh Hendricks; and brother-in-law, Robert Watson.



CLARA LINGARD

Clara (Lehnherr) Lingard passed into God's heaven to be reunited with husband, Edgar, on Tuesday, June 13, 2017 due to complications of Alzheimer's. Thank you to Four Winds Lodge/Memory Care Unit and Heartland Palliative Care nurses, doctors, and staff for your unconditional love and care for Clara.

Clara was born September 10, 1924 at home in Primrose township to Alfred & Anna (Goebeli) Lehnherr, Sr. She graduated from Primrose Center Grade School, Mt. Horeb High School/MATC and Madison Academy of Cosmetology. Her early years were spent as a Nanny for several prominent doctors' families in the Maple Bluff/Shorewood Hills areas. She met the love of her life, Edgar B. Lingard and was united in marriage on Jan. 20, 1943. They were married for 65 years. She and Edgar worked in Madison before moving to the family farm in Springdale Township. Clara was a homemaker/mother and later went back to school to be a cosmetologist/instructor. She worked for Leonard Shore Salons in Madison, sharing her skills in competitions in Milwaukee & Minneapolis; MyLady's Beauty Shop, Mt. Horeb; Dane County Home West beauty shop Verona.

She belonged to several Cosmetology memberships from student, stylist, manager, and instructor. She belonged to the McPherson PTA, Zwingle UCC and Salem Guilds. Later she got her real estate brokers license along with her husband, Edgar. She loved to golf, travel, and play with her Granddaughter. She was the life of the party, still had time to hold down the farm and have a hot meal on the table when day was done.

She is survived by her daughter, Patricia (Kenny) Anderson, of Verona; granddaughter, Ginger, of Verona. Also survived by a step-granddaughter: Sa'mone Anderson, of Scandinavia, WI; 3 step Great grandchildren: Lynnette, (step great-great grandchild, Anthony, of Texas) Sgt. Ricardo "Cody" Anderson, of Verona; and Rosey Anderson Sanchez, of Iola, WI. A special Goddaughter, Diana (Steve) Halverson & their daughters, Aleta & Brianna. Clara is also survived by several nieces, nephews, other relatives and friends. She was preceded in death by her husband, Edgar (May 25, 2008), her parents; brothers: Alfred Jr., Ernest (Cecilia); sisters: Mary (John) Luthi, and Klara Lehnherr (age 3) who passed at Ellis Island, New York.

Clara will always be remembered for her feisty attitude letting nothing put her down. Not even total paralysis from polio in 1952 with the help of Chiropractor Dr. C. S Gonstead. In her spare time, she took care of her granddaughter, tended her flower/vegetable gardens, played softball for Pabst Farms girl's softball team (known for her special lefty bunting/ batting style, golfing and caring for others when they needed it. Edgar always called her "Tuffy" for her 5'2" stature. .

We Remember Them

In the rising of the sun and in its going down,
we remember them.
In the blowing of the wind and in the chill of winter,
we remember them.
In the opening of buds and in the rebirth of spring,
we remember them.
In the blueness of the sky and in the warmth of summer,
we remember them.
In the rustling of leaves and in the beauty of autumn,
we remember them.
In the beginning of the year and when it ends,
we remember them.
When we are weary and in need of strength,
we remember them.
When we are lost and sick at heart,
we remember them.
When we have joys we yearn to share,
we remember them.
So long as we live, they too shall live, for they are now a part of us,
as we remember them.

Memorial Service
Wednesday, July 26th
2:00pm in the Community Room



Would you like to video-chat with your family and friends?
Skype is the answer, and we're happy to assist you!
We have the capability with our own Four Winds account!

You may have discovered that we have a Mac computer set up for residents, families, and friends in our Manor lounge! This computer was generously donated to us by a friend of Four Winds to help introduce our residents to technology, and share the incredible opportunity that the internet can provide, in connecting with loved ones. Skype is a program that allows you to video-chat with family and friends over the internet, with the use of a computer, a tablet, or smartphone! The program is free! And it's a lot of fun! The Activity Department is here to assist you along the way. Do not hesitate to call us in the Activity Office at 497-2365.

To use the computer, the login and password are listed directly on the computer!

Login: Four Winds Manor

Password: SMILE (all capital letters)

To find us on Skype:

fourwindsmanorverona



HERE COMES
THE SUN



FUN IN THE SUN



If You Plan on Spending Time Outside...
Please Remember to Bring in Sunscreen,
Hats and/or Sunglasses to avoid the Sun's hot
scorch!

Celebrate a SAFE & HAPPY JULY 4TH!



Word Search



See how many of these newspaper related words you can find in the puzzle.
The words can be forward, backward or diagonal.

Created by Sue Lindlauf
Grand Forks Herald 2012

- | | | | |
|------------|--------------|-----------------|------------------|
| 1. FOURTH | 5. DAY | 9. CELEBRATION | 13. INDEPENDENCE |
| 2. JULY | 6. PICNICS | 10. PARADES | 14. AMERICA |
| 3. HOLIDAY | 7. FIREWORKS | 11. FAMILY | 15. PATRIOTIC |
| 4. FLAG | 8. SAFETY | 12. DECLARATION | 16. FREEDOM |

Contact Information

Lodge: (608) 845-6154

Manor: (608) 845-6465

Administrator: Lynn Howard (608) 497-2361 ext. 222

Director of Nursing: Nina Faulkner (608) 497-2373 ext. 236

Lodge Manager: Jessica Koerwitz (609) 497-2368 ext. 267

MDS/ Clinical Coordinator: Hayden McCann (608) 497-2386 ext. 226

Medical Records: Renee Harris (608) 497-2388 ext. 265

Social Services: Julie Hinrichs (608) 497-2381 ext. 246

Admissions & Marketing Coordinator: Martha Feemster (608)-249-2376 ext. 241

Administrative Assistant Heather Hogan (608) 497-2362 ext. 223

Business Office: Juanita Retrum (608) 497-2363 ext. 224

Dietary Manager: Kelsey Howard (608) 497-2370 ext. 232

Facilities Manager: Dennis Hoefle (608) 497- 2372 ext. 235

Rehab: (608) 497-2379 ext. 244

Manor Activities: Patti Hogan, Shirley Duerst,

Amber Hayes (608) 497-2365 ext. 227

Lodge Activities: Chris Kahl (608)497-2371ext. 234

Volunteer Coordinators: Activity Staff

Beauty Shop: Cindy Ziegler (608) 497-2383 ext. 248

